



District 9820

R I President: K.R. "Ravi" Ravindran  
District Governor: Merv Williams  
Assistant Governor: David Hanlon

**ROTARY CLUB OF FRANKSTON NORTH INC**  
Chartered 7 May 1973

Web: [www.rotaryfrankstonnorth.org/](http://www.rotaryfrankstonnorth.org/)

President: Mark Sammut  
President Elect: Eric Neill  
Past President: Maureen Gillham  
Secretary: David Hanlon  
Treasurer: Rod Puls  
Sergeant at Arms: Ron Cook  
Directors:  
Eric Neill Club Service  
Wayne Peterson Fund Raising  
Don MacDonald Membership  
Tony Spring Foundation  
Geoff Magor Service Projects  
Judi McKee Public Relations

**Club Meetings:**  
Every Wednesday at the International Motel,  
389 Nepean Hwy, Frankston - 6.00pm for 6.30pm.

**Club Contact:**  
Secretary David Hanlon  
Mob: 0414 996 798  
PO Box 132, FRANKSTON 3199

**Apologies to:**  
Secretary David Hanlon  
Mob: 0414 996 798  
Or via the Club web page

**Bulletin Editor:**  
Michael Goonan  
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**Club Bank Details:**  
BSB: 633-108 Account: 1344 30875  
Account Name: Rotary Club of Frankston North Inc.

**THE FOUR-WAY TEST**

Of all the things we think, say or do . . .

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

**FROM PRESIDENT MARK**



**A**pril's Rotary theme is Maternal Welfare and Infant Health.

Last week's guest speakers spoke directly to this topic and their experiences in Papua New Guinea.

Kristy Sullivan is ICU nurse at Frankston Hospital and donates her time twice a year with the "No Roads to Health" programme. Volunteers travel to PNG under their own steam to

provide training and support in maternal health, midwifery and hygiene practices to nurses and health care workers in PNG.

Outside of Port Moresby there is little medical support, and the further you travel into the Highlands, medical care is left to semi skilled and poorly trained individuals. As a consequence of this, PNG ranks very poorly in terms of infant mortality and maternal mortality rates on a global scale.

One in 10 children born will die before they reach the age of 5. Malaria is the major killer of young children followed by poor

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**THIS WEEK'S PROGRAM**

6:00 for 6:30 pm

***Spirit of Tasmania***

**Fiona Sturman**

**Chairman: David Cahill**

**MILESTONES**



ROTARY ANNIVERSARY:  
**None this week**



BIRTHDAY:  
**None this week**



WEDDING ANNIVERSARY:  
**Peter & Fay Newman - 14 April 1956**

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hygiene and accident related death.

Kristy and the Team from No Roads to Health trek along the Kokoda trail and treat people in the small villages, but more importantly provide training to the people that are in the front line treating the local population. The No roads to Health group have been operating for 3 years and have been revisiting the same community groups, building on continuity year on year. In this way the impact of the programme and the training provided to the community is maximised.

There are so many similarities of No Roads to many of Rotary's programmes such as Interplast and the work of our district supporting Timor Leste. Good people donating their time and expertise in providing health support to less fortunate people. I guess as Rotarians we are exposed much more to these programmes than the regular Joe Citizen. I feel that it is our responsibility to talk and share what these wonderful people do, the risks they take and the humanitarian needs that are present within our own backyard. As Rotarians it is our job to be advocates for the less fortunate and to support these programmes into the future.

Until next week, keep safe and be happy.

President Mark

### LAST WEEK'S PROGRAM

**Chairman:** Linda Tinney  
**Apologies:** Barry Dean, Beverley Unitt, Judi McKee, Charles Mallia, Peter Newman  
**Leave of Absence:** Anne Linton, Tony Spring, Brian Capon  
**Guests:** Kirsty Sullivan, Emily Bagg, Lucas Maugham

### Announcements:

#### **President Mark:**

- The Club will present a cheque to the Moira Kelly Foundation, following her inspiring address at the International Woman's Day Breakfast.
- We received notification from R.I. that the final report for the Tonga Project has been accepted and the Project officially closed. Thanks to Tony Spring for his hard work in steering the paperwork through the correct channels to achieve that result.

#### **Secretary David**

- The Club Trivia Night will be held on 23 April at St Francis Xavier Church Hall, Frankston. *(see flyer on page 6)*. The address is 58 Davey Street, with car parks on Baxter Street beside and Park Street behind the hall. To make the night a success, we need a large turn-up, so invite your families and friends to attend. Be assured that mobile phones will be banned so correct answers will be achieved only through towering intellects, not the internet. We also need prizes (bottles of wine etc.) to be donated and help with the set-up of the hall prior to the event.
- R.I. President Nominee Ian Riseley and Juliet will have a Farewell Lunch at the Whitehorse Club, 298 Burwood, Burwood at 12:30 for 1:00 on Sunday

#### **Eric Neill**

- The Club Footy Tipping competition is up and running with 23 participants. To illustrate that everyone has a chance David Loudon tipped 9 winners in the first round and 3 in the second. Please pay your \$20 entry as soon as possible.
- Some Members have not returned the Succession Plan Skills Set Questionnaire, which is an important tool to give the Club Executive an insight into what jobs Members may be best suited for and for Members to indicate what skill areas they may want to receive training in.

#### **Wayne Peterson**

- Thanks to David H and Don for their efforts in getting the Trivia Night organised.

**APRIL IS MATERNAL & CHILD HEALTH MONTH**

## No Roads Health

*Kristy Sullivan - ICU Operational Manager, Frankston Hospital  
Emily Bagg - ICU Nurse and Clinical Educator, Peninsula Health*



No Roads Health is a Foundation created by the No Roads Kokoda Expeditions company that has been conducting treks along the Kokoda Track for over 10 years. The guides were astounded at the poor health conditions among the villagers along the Track and decided to try and improve it. Kristy and her husband walked the Track in 2012 and wanted to be part of the No Roads Health Foundation. Their Mission is to partner with Aid Agencies to deliver health activities which benefit the people of Papua New Guinea.

PNG is our closest neighbour with land masses only 3.5 km apart but has massive health issues, particularly along the Kokoda Track.

With a population of around 7.7 million, PNG has an infant mortality rate of 40 per 1000 births, compared to Australia of 3 per 1000. It's progress in health status has declined since it gained its independence from Australia in 1975, with its health expenditure at US\$49 per capita compared to Australia's \$4,775. There are 10,000 paediatric deaths per year and 56% of live births result in death within 1 year, with pneumonia, diarrhoea and malnutrition the leading causes. 1 in 12 children die before reaching 5 years of age. The lifetime risk of dying during pregnancy for a PNG mother is 1 in 20, which is one of the worst rates in the world. Women dying in childbirth in PNG has doubled between 1990 and 2008. Malaria is the leading cause of outpatient visits and, with TB, is the cause of 62% of deaths. Only 33% of people in PNG have access to clean water and the Cholera outbreak in 2009 affected 14,000 people.

Kristy and Emily have been on several No Road Health clinics at various places along the Kokoda Track, dispensing medication, health education, eye care, dental care, infant health, etc. NRH also sponsors special cases to Australia for corrective surgery.

There is little funding for these services, which relies on donations from concerned people for survival.

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### *Duties for Meetings*

	<b>Cashier</b>	<b>Greeters</b>	<b>Room Setup and Put Away</b>
<b><u>April</u></b>	Wayne Peterson	David Loudon Charles Mallia	Judi McKee Linda Tinney Michael Hall
<b><u>May</u></b>	David Loudon	Peter Newman Charles Mallia	Charles Mallia David Cahill Con Demopoulos
<b><u>June</u></b>	Judi McKee	John Tame Charles Mallia	Eric Neill Brian Capon Russell Cock

#### NEXT WEEK

6:00 for 6:30 pm  
**Anzac Commemoration Night**

#### COMING UP

23 April - Club Trivia Night  
15 May - District Assembly (Frankston)

**APRIL IS MATERNAL & CHILD HEALTH MONTH**

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Kristy and Emily, along with other medical volunteers have to pay their own way to do this vital humanitarian work to save lives for these seriously under privileged people who live along the Kokoda Track.

Just to get to these places they fly in on small aircraft and land in small clearings in the very hilly terrain of this part of PNG. To get into the villages they then have to hike long distances over several days.

We congratulate Kristy & Emily, along with the other volunteers for really making a difference to the lives of people in PNG.



**Kristy and Emily with President Mark**



Centurion Coordinator Mike Goonan presented certificates and badges to new Centurion Club members Rhonda and Maree

# EVERY ROTARIAN EVERY YEAR

Every Rotarian, Every Year aims to engage every Rotary club member in the life-changing programs of our Rotary Foundation. The purpose of the EREY initiative is to

- Encourage *every Rotarian* to participate in a Foundation program *every year*
- Encourage *every Rotarian* to personally contribute to the Foundation's Annual Fund *every year*

With their volunteerism and generous philanthropy, Rotarians are at the heart of The Rotary Foundation's mission to eradicate polio and

Rotary's humanitarian and educational programs worldwide.

Financial support for the Annual Fund from every Rotarian is the key to helping rebuild suffering communities and nations by resolving conflict, eradicating disease, providing safe water, feeding the hungry, educating children and adults, and alleviating poverty. Every Rotarian, every project, and every contribution makes a difference every year.

- **The Centurion Program** (within Australia). A person who completes a Commitment themselves to a contribution to the Rotary Foundation of at least AUD\$100 annually for as long as they are able.

- **Rotary Foundation Giving** - Individual giving to The Rotary Foundation is tax deductible through: The Australian Rotary Foundation Trust. Direct debit facilities are available.

Information on opportunities to donate to The Rotary Foundation – inquiries to PDG Charlie Speirs



# Japanese Festival

Presented by Frankston Susono Friendship Association

**Sunday 17 April 2016, 10am-4pm**

Where: Frankston High School - Senior Campus  
Foot Street, Frankston

Come and help celebrate the Frankston-Susono  
Sister City relationship and experience Japanese culture.

### Activities include:

- Hands-on activities for all the family
- Japanese performances and entertainment
- Japanese handicrafts
- Japanese food and cooking
- Cultural displays
- Goods for sale
- Martial arts
- Sister City displays

### Loads of prizes and give aways

For more information contact Peter Patterson on  
0419 581 023 or [ptpatterson@optusnet.com.au](mailto:ptpatterson@optusnet.com.au)

More details on our website and Facebook page.  
[www.frankston-susono.com](http://www.frankston-susono.com)



Entry is \$2 per person or \$5 per family



**TRIVIA**  
**Night**  
**Saturday 23 April 2016**

**Time:** 6.30pm for 7.00pm

**Cost:** \$15.00pp  
(kids half price)  
**BYO Nibbles, drinks & glasses.**  
**Tea & Coffee provided.**

**Location:**  
St Francis Xavier  
Church Hall  
Frankston

**RSPV by Wed 20 April 2016**  
**Contact person: David Hanlon**  
**M: 0414 996 798**

**Frankston North Rotary are holding a fun night where you and your family or friends can challenge others for the title of Club Trivia Champions.**  
**Professional facilitator—Bungle Trivia - Minister for Useless Information.**

**All proceeds will go towards funding Frankston North Rotary's community projects.**

**Please put together a table of 8 and enjoy a fun night.**

